

# MENIUL ZILEI PENTRU PACIENTI-catering

LUNI 28.09.2026

| PATOLOGIE                                                                                       | MIC DEJUN                                                                 | PRANZ                                                                                | CINA                                                                                                  |
|-------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|--------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| HIDRIC/                                                                                         | -CEAI FRUCTE DE PADURE/MENTA                                              | -CEAI-INFUZIE                                                                        | -APA/CEAI                                                                                             |
| HIDROLACTO /HLZ                                                                                 | -LAPTE 200ML                                                              | -SUPA CLARA LEGUME 350G<br>-LAPTE 200ML                                              | -LAPTE 200ML                                                                                          |
| CAUSTIC                                                                                         | -LAPTE 200ML<br>-BRANZA VACI 150 GR                                       | OREZ CU LAPTE 300GR                                                                  | -BRANZA VACI 150G<br>-LAPTE 200ML                                                                     |
| COLITA                                                                                          | -BRANZA VACI 150 GR<br>-CEAI FARA ZAHAR 200ML                             | -PUI INABUSIT 100G<br>-OREZ FIERT 300G<br>-MORCOV FIERT300G                          | -BRANZA VACI 150G<br>-OREZ FIERT 300G                                                                 |
| DIGESTIV<br>POSTOPERATOR                                                                        | -BRANZA VACI 150GR<br>-CEAI FRUCTE PADURE/MENTA 200 ML                    | -OREZ CU LAPTE 300G<br>-SUPA LEGUME 350G                                             | -BRANZA FAGARAS 150GR<br>-CEAI FRUCTE DE PADURE 200ML                                                 |
| DIGESTIV/<br>BILIAR<br>HEPATIC CU SUPLIMENT                                                     | -CEAI FRUCTE PADURE/MENTA 200 ML<br>-BRANZA FAGARAS 175GR<br>-IAURT 140GR | -SUPA CREMA 350G<br>-PUI INABUSIT+<br>SOTE DE LEGUME 100G/300G<br>-DESERT (HEPATIC ) | -BUDINCA DE PASTE CU BRANZA CU<br>PUI INABUSIT 100G/300G<br>IAURT (HEPATIC)<br>-CEAI 200ML            |
| DESODAT<br>CARDIAC                                                                              | -CEAI FRUCTE PADURE/MENTA 200 ML<br>-UNT 10GR<br>-IAURT 140GR<br>-OU 50GR | - SUPA CREMA 350G<br>-GHIVECI DE LEGUME CU PUI100G/300G<br>-DESERT                   | -BUDINCA DE PASTE CU BRANZA CU<br>FRIPTURA DE PUI 100G/300G<br>-CEAI 200ML                            |
| RENAL                                                                                           | -LAPTE 200ML<br>-OU 50GR<br>-IAURT 140GR<br>-UNT 10GR                     | SUPA CREMA 350G<br>-GHIVECI DE LEGUME CU PUI100G/300G<br>-DESERT                     | - BUDINCA DE PASTE CU BRANZA CU<br>FRIPTURA DE PUI 100G/300G<br>-CEAI 200ML                           |
| RENAL DIABET                                                                                    | -LAPTE 200ML<br>-OU 50GR<br>-IAURT 140GR<br>-UNT 10GR                     | - SUPA CREMA 350G<br>-GHIVECI DE LEGUME CU PUI100G/300G<br>-FRUCT/IAURT              | BUDINCA DE PASTE CU BRANZA CU<br>FRIPTURA DE PUI 100G/300G<br>IAURT<br>-CEAI 200ML                    |
| DIABET                                                                                          | -LAPTE 200ML<br>-IAURT 140GR<br>-UNT 10GR<br>-OU FIERT 50GR               | - SUPA CREMA 350G<br>-GHIVECI DE LEGUME CU PUI100G/300G<br>-FRUCT /IAURT             | BUDINCA DE PASTE CU BRANZA CU<br>FRIPTURA DE PUI 100G/300G<br>IAURT<br>-CEAI 200ML                    |
| COMPLET/<br>NEOPLAZIC<br>SUPLIMENT                                                              | -CEAI FRUCTE PADURE/MENTA 200 ML<br>-OU 50GR<br>-UNT 10GR ,IAURT 140GR    | - SUPA CREMA 350G<br>-GHIVECI DE LEGUME CU PORC 100G/300G<br>-DESERT                 | BUDINCA DE PASTE CU BRANZA<br>FRIPTURA DE PUI 100G/300G<br>IAURT (NEOPLAZIC) SAU FRUCT<br>-CEAI 200ML |
| ARSI                                                                                            | -LAPTE 200ML<br>-IAURT 140GR<br>-UNT 10GR<br>-OU FIERT 50GR               | - SUPA CREMA 350G<br>-GHIVECI DE LEGUME CU PUI100G/300G<br>-DESERT                   | BUDINCA DE PASTE CU BRANZA<br>FRIPTURA DE PUI 100G/300G<br>IAURT SAU FRUCT<br>-CEAI 200ML             |
| SPECIAL(enteral)-alimente<br>pasate pt sonda nasogastrica<br>si gastrostoma, sodou,<br>lichide) |                                                                           |                                                                                      |                                                                                                       |
| VEGANI, VEGETARIENI                                                                             |                                                                           |                                                                                      |                                                                                                       |
| DIFERITE ORIENTARI<br>RELIGIOASE (musulmani,<br>iudaici, cerinte specific)                      |                                                                           |                                                                                      |                                                                                                       |

BRANZA DE VACI CU SMANTANA  
BRANZA DE VACI  
OU  
UNT  
GEM  
CASCAL

PAINE CU SARE  
PAINE FARA SARE  
LAPTE  
CEAI  
IAURT

BRANZA DE VACI  
SMANTANA  
GRATAR  
RASOL  
OREZ

CONFORM LEGII 04/2021 VA ROG SA ANUNTATI DACA SUFERATI DE ALERGII ALIMENTARE, ASTMBRONSIC, RINITA ALERGICA, RINOCONJUNCTIVITA ALERGICA, ANAFILAXIE ;  
SUNT PREZENTI ALERGENIALIMENTARI PRECUM : DROJDIE, OULTELINA,USTUROI, LACTATE, PORUMB, GLUTEN.GRAMAJELE LA CARNE SUNT DUPA PROCESAREA TERMICA.

NEOPLAZIC,HEPATIC ,DIABET SI RENAL CU DIABET VOR AVEA SEARA SI IAURT SAU FRUCT

# MENIUL ZILEI PENTRU PACIENTI-catering

MARTI 29.09.2026

| PATOLOGIE                                                                                      | MIC DEJUN                                                                                  | PRANZ                                                                                         | CINA                                                                                          |
|------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| HIDRIC/                                                                                        | -CEAI FRUCTE DE PADURE/MENTA                                                               | -CEAI-INFUZIE                                                                                 | -APA/CEAI                                                                                     |
| HIDROLACTO /HLZ                                                                                | -LAPTE 200ML                                                                               | -SUPA CLARA LEGUME 350GR<br>-LAPTE 200ML                                                      | -LAPTE                                                                                        |
| CAUSTIC                                                                                        | -LAPTE 200ML<br>-BRANZA VACI 150 GR                                                        | -LAPTE 200 ML<br>-TAITEI CU LAPTE 300GR                                                       | -BRANZA VACI 150G<br>-LAPTE 200ML                                                             |
| COLITA                                                                                         | -BRANZA VACI 150 GR<br>-CEAI FARA ZAHAR 200ML                                              | -PUI INABUSIT 100G<br>-OREZ FIERT 300G<br>-MORCOV FIERT 300G                                  | -BRANZA VACI 150G<br>-OREZ FIERT 300G                                                         |
| DIGESTIV<br>POSTOPERATOR                                                                       | -BRANZA VACI 150GR<br>-CEAI FRUCTE PADURE/MENTA 200 ML                                     | -TAITEI CU LAPTE 300G<br>-SUPA DE LEGUME 350G                                                 | -BRANZA FAGARAS 150GR<br>-CEAI FRUCTE DE PADURE 200ML                                         |
| DIGESTIV/<br>BILIAR<br>HEPATIC CU SUPLIMENT                                                    | -CEAI FRUCTE PADURE/MENTA200 ML<br>-BRANZA FAGARAS 175GR<br>-IAURT 140GR                   | SUPA LEGUME CU GALUSTE 350G<br>-PUI INABUSIT+<br>OREZ CU LEGUME 300G/100G<br>-DESERT(HEPATIC) | -SOTE DE FASOLE GALBENA CU PUI<br>INABUSIT 100G/300G<br>-CEAI 200ML<br>IAURT (HEPATICI)       |
| DESODAT<br>CARDIAC                                                                             | -CEAI FRUCTE PADURE/MENTA200 ML<br>-UNT 10GR,GEM 20GR<br>-CASCAVAL FARA SARE 30GR(1 BUC)   | -SUPA DE ROSII CU TAITEI 350G<br>- OREZ CU LEGUME + PUI 300G/100G<br>-DESERT                  | -MANCARE DE FASOLE GALBENA CU<br>FRIPTURA DE PUI 100G/300G<br>-CEAI 200ML                     |
| RENAL                                                                                          | -LAPTE 200ML<br>-GEM 20GR,UNT 10GR,<br>-FAGARAS 175GR                                      | - SUPA DE ROSII CU TAITEI 350G<br>- OREZ CU LEGUME + PUI 300G/100G<br>-DESERT                 | - MANCARE DE FASOLE GALBENA CU<br>FRIPTURA DE PUI 100G/300G<br>-CEAI 200ML                    |
| RENAL DIABET                                                                                   | -LAPTE 200ML<br>-UNT 10GR<br>-FAGARAS 175GR, SUNCA 40GR(2 BUC)                             | - SUPA DE ROSII CU TAITEI 350G<br>- OREZ CU LEGUME + PUI 300G/100G<br>-FRUCT /IAURT           | - MANCARE DE FASOLE GALBENA CU<br>FRIPTURA DE PUI 100G/300G<br>-CEAI 200ML<br>IAURT SAU FRUCT |
| DIABET                                                                                         | -LAPTE 200ML<br>-UNT 10GR,SUNCA 40GR(2 BUC), -<br>CASCAVAL FARA SARE 60GR (2 BUC)          | - SUPA DE ROSII CU TAITEI 350G<br>- OREZ CU LEGUME + PUI 300G/100G<br>-FRUCT /IAURT           | - MANCARE DE FASOLE GALBENA CU<br>FRIPTURA DE PUI 100G/300G<br>-CEAI 200ML<br>IAURT SAU FRUCT |
| COMPLET                                                                                        | -CEAI FRUCTE PADURE/MENTA 200 ML<br>-CASCAVAL 2 BUC (30GR)<br>UNT 10GR, SALAM 40GR (2 BUC) | - SUPA DE ROSII CU TAITEI 350G<br>- OREZ CU LEGUME + PUI 300G/100G<br>-DESERT                 | - MANCARE DE FASOLE GALBENA CU<br>FRIPTURA DE PUI 100G/300G<br>-CEAI 200ML                    |
| NEOPLAZIC CU SUPLIMENT                                                                         | CEAI FRUCTE PADURE/MENTA 200 ML<br>CASCAVAL FARA SARE 60GR (2 BUC),<br>SUNCA 40G, UNT 10GR | -SUPA DE ROSII CU TAITEI 350G<br>- OREZ CU LEGUME + PUI 300G/100G<br>-DESERT                  | MANCARE DE FASOLE GALBENA CU<br>FRIPTURA DE PUI 100G/300G<br>-CEAI 200ML<br>IAURT SAU FRUCT   |
| ARSI                                                                                           | -LAPTE 200ML<br>- UNT 10GR,SUNCA 40GR(2 BUC), -<br>CASCAVAL FARA SARE 60GR(2 BUC)          | -SUPA DE ROSII CU TAITEI 350G<br>- OREZ CU LEGUME + PUI 300G/100G<br>-DESERT                  | - MANCARE DE FASOLE GALBENA CU<br>FRIPTURA DE PUI 100G/300G<br>-CEAI 200ML<br>IAURT SAU FRUCT |
| SPECIAL(enteral-alimente<br>pasate pt sonda nasogastrica<br>si gastrostoma, sodou,<br>lichide) |                                                                                            |                                                                                               |                                                                                               |
| VEGANI, VEGETARIENI                                                                            |                                                                                            |                                                                                               |                                                                                               |
| DIFERITE ORIENTARI<br>RELIGIOASE (musulmani,<br>evreiesc, cerinte spec)                        |                                                                                            |                                                                                               |                                                                                               |

BRANZA DE VACI  
BRANZA FAGARAS  
QU  
UNT  
GEM  
SALAM  
CASCAVAL  
SARE

PAINE CU SARE  
PAINE FARA SARE  
LAPTE  
CEAI  
IAURT  
SUPLIMENT DIABET  
NEOPLAZIC  
HEPATIC

BRANZA DE VACI  
SMANTANA  
GRATAR  
RASOL  
OREZ FIERT  
MORCOV FIERT

CONFORM LEGII 047/2006 SA ANUNTATI DACA SUFERITI DE ALERGII ALIMENTARE, ASTM BRONIC, RINITA ALERGICA, RINOCONJUNCTIVITA ALERGICA, ANAFILAXIE ;  
SUNT PREZENTI ALERGENI ALIMENTARI PRECUM : DROJDIE, OU,TELINA,USTUROI, LACTATE, PORUMB, GLUTEN.GRAMAJELE LA CARNE SUNT DUPA PROCESAREA TERMICA  
NEOPLAZIC, HEPATIC, DIABET S RENAL CU DIABET VOR AVEA SEARA SI IAURT SAU FRUCT

# MENIUL ZILEI PENTRU PACIENTI-CATERING

**MIERCURI 30.09.2026**

| PATOLOGIE                                                                                   | MIC DEJUN                                                                                    | PRANZ                                                                                               | CINA                                                                                         |
|---------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
| HIDRIC/                                                                                     | -CEAI FRUCTE DE PADURE/MENTA                                                                 | -CEAI-INFUZIE                                                                                       | -APA/CEAI                                                                                    |
| HIDROLACTO/HLZ                                                                              | -LAPTE 200ML                                                                                 | -SUPA CLARA LEGUME 350GR<br>-LAPTE 200ML                                                            | -LAPTE 200ML                                                                                 |
| CAUSTIC                                                                                     | -LAPTE 200ML<br>-BRANZA VACI 150 GR                                                          | OREZ CU LAPTE 300GR                                                                                 | -BRANZA VACI 150G<br>-LAPTE 200ML                                                            |
| COLITA                                                                                      | -BRANZA VACI 150 GR<br>-CEAI FARA ZAHAR 200 ML                                               | -PUI INABUSIT 100G<br>-OREZ FIERT 300G<br>-MORCOV FIERT300G                                         | -BRANZA VACI 150G<br>-OREZ FIERT 300G                                                        |
| DIGESTIV<br>POSTOPERATOR                                                                    | -BRANZA VACI 150GR<br>-CEAI FRUCTE PADURE/MENTA 200 ML                                       | -OREZ CU LAPTE 300G<br>-SUPA LEGUME 350G                                                            | -BRANZA FAGARAS 150GR<br>-CEAI FRUCTE DE PADURE 200ML                                        |
| DIGESTIV/<br>BILIAR<br>HEPATIC CU SUPLIMENT                                                 | -CEAI FRUCTE PADURE/MENTA200 ML<br>-BRANZA FAGARAS 175GR<br>-IAURT 140GR                     | -SUPA LEGUME CU GALUSTE 350G<br>-PIURE DE CARTOFI CU PUI IANBUSIT<br>100G/300G<br>-DESERT (HEPATIC) | MAMALIGUTA CU FICATEI DE PUI(FARA<br>SOS) 100G/300G , IAURT (HEPATICI)<br>-CEAI 200ML        |
| DESODAT<br>CARDIAC                                                                          | -CEAI FRUCTE PADURE/MENTA200 ML<br>UNT 10GR,GEM 20GR<br>- FAGARAS 175GR                      | -SUPA DE LEGUME 350G<br>- OSTROPEL PUI CU PIURE DE CARTOFI<br>100G/300G<br>-DESERT                  | - MAMALIGUTA CU FICATEI DE PUI IN SOS<br>DE ROSII 100G/300G<br>-CEAI 200ML                   |
| RENAL                                                                                       | -LAPTE 200ML<br>-UNT 10GR,OU 50GR<br>SUNCA PRESATA 40GR (2 BUC)                              | -SUPA DE LEGUME 350G<br>- OSTROPEL PUI CU PIURE DE CARTOFI<br>100G/300G<br>-DESERT                  | - MAMALIGUTA CU FICATEI DE PUI IN SOS<br>DE ROSII 100G/300G<br>-CEAI 200ML                   |
| RENAL DIABET                                                                                | -LAPTE 200ML UNT 10GR, OU 50G<br>-SUNCA PRESATA 40GR (2 BUC)                                 | --SUPA DE LEGUME 350G<br>- OSTROPEL PUI CU PIURE DE CARTOFI<br>100G/300G<br>-FRUCT/IAURT            | - MAMALIGUTA CU FICATEI DE PUI IN SOS<br>DE ROSII 100G/300G IAURT SAU FRUCT ,<br>-CEAI 200ML |
| DIABET                                                                                      | - LAPTE 200ML<br>-UNT 10GR ,<br>-OU 50G<br>-SUNCA PRESATA 40GR (2 BUC)                       | -SUPA DE LEGUME 350G<br>- OSTROPEL PUI CU PIURE DE CARTOFI<br>100G/300G<br>-FRUCT/IAURT             | - MAMALIGUTA CU FICATEI DE PUI IN SOS<br>DE ROSII 100G/300G IAURT SAU<br>FRUCT CEAI 200ML    |
| COMPLET                                                                                     | -CEAI FRUCTE PADURE/MENTA200 ML<br>-SUNCA PRESATA 40GR (2 BUC)<br>UNT 10GR , CASCAVAL (30GR) | --SUPA DE LEGUME 350G<br>- OSTROPEL PORC CU PIURE DE CARTOFI<br>100G/300G<br>-DESERT                | - MAMALIGUTA CU FICATEI DE PUI IN SOS<br>DE ROSII 100G/300G<br>-CEAI 200ML                   |
| NEOPLAZIC CU SUPLIMENT                                                                      | -CEAI FRUCTE PADURE/MENTA200 ML<br>-SUNCA PRESATA 40GR (2 BUC)<br>UNT 10GR ,OU 50G           | --SUPA DE LEGUME 350G<br>- OSTROPEL PORC CU PIURE DE CARTOFI<br>100G/300G<br>-DESERT                | MAMALIGUTA CU FICATEI DE PUI IN SOS<br>DE ROSII 100G/300G -CEAI 200ML<br>IAURT SAU FRUCT     |
| ARSI                                                                                        | - LAPTE 200ML<br>-UNT 10GR,<br>-OU 50G<br>-SUNCA PRESATA 40GR (2 BUC)                        | -SUPA DE LEGUME 350G<br>- OSTROPEL PUI CU PIURE DE CARTOFI<br>100G/300G<br>-DESERT                  | - MAMALIGUTA CU FICATEI DE PUI IN SOS<br>DE ROSII 100G/300G<br>IAURT SAU FRUCT, -CEAI 200ML  |
| SPECIAL(enteral-alimente pasate pt<br>sonda nasogastrica si gastrostoma,<br>sodou, lichide) |                                                                                              |                                                                                                     |                                                                                              |
| VEGANI, VEGETARIENI                                                                         |                                                                                              |                                                                                                     |                                                                                              |
| DIFERITE ORIENTARI RELIGIOASE<br>(musulman), iudaic, cerinte specific)                      |                                                                                              |                                                                                                     |                                                                                              |

BRANZA DE VACI  
OU  
UNT  
GEM  
SUNCA  
CASCAVAL  
CONFORM LEGII 04/20  
SUNT PREZENTI ALER

PAINE CU SARE  
PAINE FARA SARE  
LAPTE  
IAURT  
MORCOV  
MORCOV

BRANZA DE VACI  
SMANTANA  
RASOL  
GRATAR  
OREZ  
MORCOV

ALERGII ALIMENTARE, ASTM BRONSIC, RINITA ALERGICA, RINOCONJUNCTIVITA ALERGICA, ANAFILAXIE ;  
LACTATA, USTUROI, LACTATE, PORUMB, GLUTEN.GRAMAJELE LA CARNE SUNT DUPA PROCESAREA TERMICA.

DIABET SI RENAL CU DIABET VOR AVEA SEARA SI IAURT SAU FRUCT

# MENIUL ZILEI PENTRU PACIENTI-catering

JOI 01.10.2026

| BRANZA DE VACI                                                                                 |                                                                                          | PAINE CU SARE                                                                    |                                                                                                 | BRANZA DE VACI |  |
|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|----------------|--|
| PATOLOGIE                                                                                      | MIC DEJUN                                                                                | PRANZ                                                                            | CINA                                                                                            |                |  |
| HIDRIC/                                                                                        | -CEAI FRUCTE DE PADURE/MENTA                                                             | -CEAI-INFUZIE                                                                    | -APA/CEAI                                                                                       |                |  |
| HIDROLACTO /HLZ                                                                                | -LAPTE 200ML                                                                             | -SUPA CLARA LEGUME 350GR<br>-LAPTE 200ML                                         | -LAPTE 200ML                                                                                    |                |  |
| CAUSTIC                                                                                        | -LAPTE 200ML<br>-BRANZA VACI 150 GR                                                      | -LAPTE 200 ML<br>-TAITEI CU LAPTE 300GR                                          | -BRANZA VACI 150G<br>-LAPTE 200ML                                                               |                |  |
| COLITA                                                                                         | -BRANZA VACI 150 GR<br>-CEAI FARA ZAHAR 200ML                                            | -PUI INABUSIT 100G<br>-OREZ FIERT 300G<br>-MORCOV FIERT 300G                     | -BRANZA VACI 150G<br>-OREZ FIERT 300G                                                           |                |  |
| DIGESTIV<br>POSTOPERATOR                                                                       | -BRANZA VACI 150GR<br>-CEAI FRUCTE PADURE/MENTA 200 ML                                   | -TAITEI CU LAPTE 300G<br>-SUPA LEGUME 350G                                       | -BRANZA FAGARAS 150GR<br>-CEAI FRUCTE DE PADURE 200ML                                           |                |  |
| DIGESTIV/<br>BILIAR<br>HEPATIC CU SUPLIMENT                                                    | -CEAI FRUCTE PADURE/MENTA 200 ML<br>-BRANZA FAGARAS 175GR<br>-IAURT 140GR                | SUPA LEGUME 350G<br>-OREZ CU LEGUME+ PUI INABUSIT 100G/300G<br>-DESERT (HEPATIC) | CARTOFI FRANTUZESTI CU BRANZA SI<br>RASOL DE PUI 100G/300G<br>IAURT (HEPATICI)<br>-CEAI 200ml   |                |  |
| DESODAT<br>CARDIAC                                                                             | -CEAI FRUCTE PADURE/MENTA 200 ML<br>-UNT 10GR, GEM 20GR<br>-CASCAL FARA SARE 30GR(2 BUC) | -CIORBA DE DOVLECEL 350G<br>-ARDEI UMPLUT 350G<br>-DESERT                        | CARTOFI FRANTUZESTI CU BRANZA SI<br>FRIPTURA DE PUI - 100G/300G<br>-CEAI 200ml                  |                |  |
| RENAL                                                                                          | -LAPTE 200ML<br>-OU 50GR, UNT 10GR,<br>-FAGARAS 175GR                                    | -CIORBA DE DOVLECEL 350G<br>-ARDEI UMPLUT 350G<br>-DESERT                        | - CARTOFI FRANTUZESTI CU BRANZA SI<br>FRIPTURA DE PUI 100G/300G<br>-CEAI 200ml                  |                |  |
| RENAL DIABET                                                                                   | -LAPTE 200ML<br>-UNT 10GR<br>-FAGARAS 175GR, OU 50GR                                     | -CIORBA DE DOVLECEL 350G<br>-ARDEI UMPLUT 350G<br>-FRUCT/IAURT                   | - CARTOFI FRANTUZESTI CU BRANZA SI<br>FRIPTURA DE PUI 100G/300G<br>IAURT SAU FRUCT, -CEAI 200ml |                |  |
| DIABET                                                                                         | -LAPTE 200ML<br>-UNT 10GR,OU FIERT 50GR<br>-FAGARAS 175G                                 | -CIORBA DE DOVLECEL 350G<br>-ARDEI UMPLUT 350G<br>-FRUCT/IAURT                   | - CARTOFI FRANTUZESTI CU BRANZA SI<br>FRIPTURA DE PUI 100G/300G<br>IAURT SAU FRUCT, -CEAI 200ml |                |  |
| COMPLET                                                                                        | -CEAI FRUCTE PADURE/MENTA 200 ML<br>-CASCAL 30GR(2 BUC)<br>-UNT 10GR, SUNCA 40GR(2 BUC)  | -CIORBA DE DOVLECEL 350G<br>-ARDEI UMPLUT 350G<br>-DESERT                        | - CARTOFI FRANTUZESTI CU BRANZA SI<br>FRIPTURA DE PUI 100G/300G<br>-CEAI 200ML                  |                |  |
| NEOPLAZIC<br>SUPPLEMENT                                                                        | -CEAI FRUCTE PADURE/MENTA 200 ML<br>-FAGARAS 175G<br>-UNT 10GR, SUNCA 40GR(2 BUC)        | -CIORBA DE DOVLECEL 350G<br>-ARDEI UMPLUT 350G<br>-DESERT                        | - CARTOFI FRANTUZESTI CU BRANZA SI<br>FRIPTURA DE PUI 100G/300G<br>IAURT SAU FRUCT, -CEAI 200ML |                |  |
| ARSI                                                                                           | -LAPTE 200ML<br>-UNT 10GR,OU FIERT 50GR<br>-FAGARAS 175G                                 | -CIORBA DE DOVLECEL 350G<br>-ARDEI UMPLUT 350G<br>-DESERT                        | - CARTOFI FRANTUZESTI CU BRANZA SI<br>FRIPTURA DE PUI 100G/300G<br>-CEAI 200ml                  |                |  |
| SPECIAL(enteral-alimente<br>pasate pt sonda nasogastrica<br>si/gastrostoma, sodou,<br>lichide) |                                                                                          |                                                                                  |                                                                                                 |                |  |
| VEGANI, VEGETARIENI                                                                            |                                                                                          |                                                                                  |                                                                                                 |                |  |
| DIFERITE ORIENTARI<br>RELIGIOASE (musulmani,<br>iudaic, cerinte specific)                      |                                                                                          |                                                                                  |                                                                                                 |                |  |

BRANZA DE VACI CU SMANTANA

OU  
UNT  
SALAM  
CASCAL F SARE  
SARE

CONFORM LEGII  
SUNT PREZENTIA

PAINE FARA SARE

LAPTE  
IAURT GEM

DIABET

HEPATIC

DIABET SI RENAL CU DIABET VOR AVEA SEARA SI IAURT SAU FRUCT

SMANTANA

GRATAR

OREZ FIERT  
MORCOV FIERT

NEOPLAZIC

# MENIUL ZILEI PENTRU PACIENTI-catering

## VINERI 02.10.2026

| PATOLOGIE                                                                                   | MIC DEJUN                                                                       | PRANZ                                                                                    | CINA                                                                            |
|---------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|
| HIDRIC/                                                                                     | -CEAI FRUCTE DE PADURE/MENTA                                                    | -CEAI-INFUZIE                                                                            | -APA/CEAI                                                                       |
| HIDROLACTO/ HLZ                                                                             | -LAPTE 200ML                                                                    | -SUPA CLARA LEGUME 350GR<br>-LAPTE 200ML                                                 | -LAPTE 200ML                                                                    |
| CAUSTIC                                                                                     | -LAPTE 200ML<br>-BRANZA VACI 150 GR                                             | -LAPTE 200 ML<br>-GRIS CU LAPTE 300GR                                                    | -BRANZA VACI 150G<br>-LAPTE 200ML                                               |
| COLITA                                                                                      | -BRANZA VACI 150 GR<br>-CEAI FARA ZAHAR 200ML                                   | -PUI INABUSIT 100G<br>-OREZ FIERT 300G<br>-MORCOV FIERT 300G                             | -BRANZA VACI 150G<br>-OREZ FIERT 300G                                           |
| DIGESTIV<br>POSTOPERATOR                                                                    | -BRANZA VACI 150GR<br>-CEAI FRUCTE PADURE/MENTA 200 ML                          | -GRIS CU LAPTE 300G<br>-SUPA LEGUME CU OU 350G                                           | -BRANZA FAGARAS 150GR<br>-CEAI FRUCTE DE PADURE 200ML                           |
| DIGESTIV/<br>BILIAR<br>HEPATIC CU SUPLIMENT                                                 | -CEAI FRUCTE PADURE/MENTA200 ML<br>-BRANZA FAGARAS 175GR<br>-IAURT 140GR        | -SUPA DE PUI CU OU 350G<br>-PUI INABUSIT+<br>LEGUME SOTE 100G/300G<br>--DESERT (HEPATIC) | - PASTE CU SOS ALB 300G<br>+PUI INABUSIT 100G<br>IAURT(HEPATICI)<br>-CEAI 200ML |
| DESODAT<br>CARDIAC                                                                          | -CEAI FRUCTE PADURE/MENTA200 ML<br>-UNT 10GR,BRANZA DE VACI 100G<br>-GEM 20GR   | -SUPA DE PUI CU OU 350G<br>- TOCANITA DE LEGUME CU PUI 100G/300G<br>-DESERT              | -PASTE BOLOGNESE 350G<br><br>-CEAI 200ML                                        |
| RENAL                                                                                       | -LAPTE 200ML<br>-GEM 20 GR, UNT 10 GR<br>-BRANZA DE VACI 100G                   | -SUPA DE PUI CU OU 350G<br>- TOCANITA DE LEGUME CU PUI 100G/300G<br>-DESERT              | - PASTE BOLOGNESE 350G<br>-CEAI 200ML                                           |
| RENAL DIABET                                                                                | -LAPTE 200ML<br>- UNT 10GR<br>-BRANZA DE VACI 100G<br>SUNCA 40GR(2 BUC)         | -SUPA DE PUI CU OU 350G<br>- TOCANITA DE LEGUME CU PUI 100G/300G<br>-FRUCT/IAURT         | - PASTE BOLOGNESE 350G<br>IAURT SAU FRUCT<br>-CEAI 200ML                        |
| DIABET                                                                                      | -LAPTE 200ML<br>-BRANZA VACI 100G<br>- UNT 10 GR, -SUNCA 40GR(2 BUC)            | -SUPA DE PUI CU OU 350G<br>- TOCANITA DE LEGUME CU PUI 100G/300G<br>-FRUCT/IAURT         | - PASTE BOLOGNESE 350G<br>IAURT SAU FRUCT, -CEAI 200ML                          |
| COMPLET                                                                                     | -CEAI FRUCTE PADURE/MENTA 200 ML<br>-SUNCA 40GR(2 BUC)<br>-UNT 10 GR ,GEM 20 GR | -SUPA DE PUI CU OU 350G<br>- TOCANITA DE LEGUME CU PUI 100G/300G<br>-DESERT              | - PASTE BOLOGNESE 350G<br>-CEAI 200ML                                           |
| NEOPLAZIC CU SUPLIMENT                                                                      | -CEAI FRUCTE PADURE/MENTA 200 ML<br>-SUNCA 40GR(2 BUC)<br>-UNT 10 GR ,GEM 20 GR | -SUPA DE PUI CU OU 350G<br>- TOCANITA DE LEGUME CU PUI 100G/300G<br>-DESERT              | - PASTE BOLOGNESE 350G<br>IAURT SAU FRUCT, -CEAI 200ML                          |
| ARSI                                                                                        | -LAPTE 200ML<br>-BRANZA DE VACI 100G<br>- UNT 10GR, SUNCA 40GR ( 2 BUC)         | -SUPA DE PUI CU OU 350G<br>- TOCANITA DE LEGUME CU PUI 100G/300G<br>-DESERT              | - PASTE BOLOGNESE 350G<br>IAURT SAU FRUCT, -CEAI 200ML                          |
| SPECIAL(enteral-alimente<br>pasate pt sonda nasogastrica si<br>gastrostoma, sodou, lichide) |                                                                                 |                                                                                          |                                                                                 |
| VEGANI, VEGETARIENI                                                                         |                                                                                 |                                                                                          |                                                                                 |
| DIFERITE ORIENTARI<br>RELIGIOASE (musulmani,<br>iudaic, cerinte specific)                   |                                                                                 |                                                                                          |                                                                                 |

BRANZA DE VACI  
BRANZA DE VACI  
OU  
UNT  
GEM  
CAS

PANE CU SARE  
PANE FARA SARE  
LAPTE  
CEAI  
CEAI  
SUPLIMENT DIABET

BRANZA DE VACI  
SMANTANA  
GRATAR  
RASOL  
OREZ FIERT  
MORCOV FIERT

CONFORM LEGII 04/2004, SE AVERTISEAZA CA SUPLIMENTUL DIABET NEOPLAZIC SI HEPATIC CONTINE  
ALERGICA, ANAFILAXIE SI ALERGENI ALIMENTARI PRECUM : DROJDIE, OU,TELINA,USTUROI, LACTATE, PORUMB, GLUTEN.GRAMAJELE LA  
CARNE SUNT DUPA PROCESAREA TERMICA.

NEOPLAZIC, HEPATIC, DIABET SI RENAL CU DIABET VOR AVEA SEARA SI IAURT SAU FRUCT

# MENIUL ZILEI PENTRU PACIENTI-catering

## SAMBATA 03.10.2026

| PATOLOGIE                                                                                      | MIC DEJUN                                                                                                      | PRANZ                                                                                      | CINA                                                                                           |
|------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|
| HIDRIC/                                                                                        | -CEAI FRUCTE DE PADURE/MENTA                                                                                   | -CEAI-INFUZIE                                                                              | -APA/CEAI                                                                                      |
| HIDROLACTO/ HLZ                                                                                | -LAPTE 200ML                                                                                                   | -SUPA CLARA LEGUME 350GR<br>-LAPTE 200ML                                                   | -LAPTE 200ML                                                                                   |
| CAUSTIC                                                                                        | -LAPTE 200ML<br>-BRANZA VACI 150 GR                                                                            | -LAPTE 200 ML<br>-OREZ CU LAPTE 300GR                                                      | -BRANZA VACI 150G<br>-LAPTE 200ML                                                              |
| COLITA                                                                                         | -BRANZA VACI 150 GR<br>-CEAI FARA ZAHAR 200ML                                                                  | -PUI INABUSIT 100G<br>-OREZ FIERT 300G<br>-SOTE MORCOVI 300G                               | -BRANZA VACI 150G<br>-OREZ FIERT 300G                                                          |
| DIGESTIV<br>POSTOPERATOR                                                                       | -BRANZA VACI 150GR<br>-CEAI FRUCTE PADURE/MENTA 200 ML                                                         | -OREZ CU LAPTE 300G<br>-SUPA LEGUME CU OU 350G                                             | -BRANZA FAGARAS 150GR<br>-CEAI FRUCTE DE PADURE 200ML                                          |
| DIGESTIV/<br>BILIAR<br>HEPATIC CU SUPLIMENT                                                    | -CEAI FRUCTE PADURE/MENTA 200 ML<br>-BRANZA FAGARAS 175GR<br>-IAURT 140GR                                      | -SUPA LEGUME CU OU 350G<br>-PUI INABUSIT+<br>CARTOFI NATUR 100G/300G<br>--DESERT (HEPATIC) | - SOTE FASOLE GALBENA CU PUI<br>INABUSIT 100G/300G<br>-CEAI 200ML<br>IAURT SAU FRUCT (HEPATIC) |
| DESODAT<br>CARDIAC                                                                             | -CEAI FRUCTE PADURE/MENTA 200 ML<br>-UNT 10GR, GEM 20GR<br>-CAS 30GR (1 BUC)                                   | -CIORBA DE PUI 350G<br>MUSACA DE CARTOFI 350G<br>--DESERT                                  | - MANCARE DE FASOLE CU FRIPTURA<br>DE PUI 100G/300G<br>-CEAI 200ML                             |
| RENAL                                                                                          | -LAPTE 200ML<br>-UNT 10GR, GEM 20GR<br>-FAGARAS 175GR                                                          | -CIORBA DE PUI 350G<br>MUSACA DE CARTOFI 350G<br>--DESERT                                  | MANCARE DE FASOLE CU FRIPTURA DE<br>PUI 100G/300G<br>-CEAI 200ML                               |
| RENAL DIABET                                                                                   | -LAPTE 200ML, -UNT 10GR<br>-FAGARAS 175GR, SUNCA PRESATA<br>40GR(2BUC)                                         | -CIORBA DE PUI 350G<br>MUSACA DE CARTOFI 350G<br>--FRUCT/IAURT                             | MANCARE DE FASOLE CU FRIPTURA DE<br>PUI 100G/300G<br>-CEAI 200ML, IAURT SAU FRUCT              |
| DIABET                                                                                         | -LAPTE 200ML<br>-UNT 10GR, CASCALVAL FARA SARE<br>60GR (2BUC), -SUNCA PRESATA<br>40GR(2BUC)                    | -CIORBA DE PUI 350G<br>MUSACA DE CARTOFI 350G<br>--FRUCT/IAURT                             | MANCARE DE FASOLE CU FRIPTURA<br>DE PUI 100G/300G<br>IAURT SAU FRUCT, -CEAI 200ML              |
| COMPLET                                                                                        | -CEAI FRUCTE PADURE/MENTA 200 ML<br>-SUNCA PRESATA 40GR(2BUC)<br>-UNT 10GR, GEM 20GR                           | -CIORBA DE PUI 350G<br>MUSACA DE CARTOFI 350G<br>--DESERT                                  | MANCARE DE FASOLE CU FRIPTURA DE<br>PUI 100G/300G<br>-CEAI 200ML                               |
| NEOPLAZIC<br>SUPLIMENT                                                                         | -CEAI FRUCTE PADURE/MENTA 200 ML<br>-SUNCA PRESATA 40GR(2BUC)<br>-UNT 10GR, CASCALVAL FARA SARE<br>60GR (2BUC) | -CIORBA DE PUI 350G<br>MUSACA DE CARTOFI 350G<br>--DESERT                                  | MANCARE DE FASOLE CU FRIPTURA DE<br>PUI 100G/300G<br>IAURT SAU FRUCT<br>-CEAI 200ML            |
| ARSI                                                                                           | -LAPTE 200ML<br>-UNT 10GR, CASCALVAL FARA SARE<br>60GR(2BUC), -SUNCA PRESATA<br>40GR(2BUC)                     | -CIORBA DE PUI 350G<br>MUSACA DE CARTOFI 350G<br>--DESERT                                  | MANCARE DE FASOLE CU FRIPTURA DE<br>PUI 100G/300G<br>IAURT, -CEAI 200ML                        |
| SPECIAL(enteral-alimente<br>pasate pt sonda nasogastrica<br>si gastrostoma, sodou,<br>lichide) |                                                                                                                |                                                                                            |                                                                                                |
| VEGANI, VEGETARIENI                                                                            |                                                                                                                |                                                                                            |                                                                                                |
| DIFERITE ORIENTARI<br>RELIGIOASE (musulmani,<br>iudaic, cerinte specific)                      |                                                                                                                |                                                                                            |                                                                                                |

BRANZA DE VACI  
BRANZA DE VACI  
OU  
UNT  
GEM  
CAS  
SUNCA

CAINE CU SARE  
CAINE FARA SARE  
LAPTE  
CAI  
IAURT

SUPLIMENT DIABET  
NEOPLAZIC  
HEPATIC

BRANZA DE VACI  
SMANTANA  
GRATAR  
RASOL  
OREZ FIERT  
MORCOVI FIERT

CONFORM LEGII 04/2004  
SUNT PREZENTI ALERGI

NEOPLAZIC, HEPATIC, DIABET SI RENAL CU DIABET VOR AVEA SEARA SI IAURT SAU FRUCT

# MENIUL ZILEI PENTRU PACIENTI-catering

## DUMINICA 04.10.2026

| PATOLOGIE                                                                             | MIC DEJUN                        | PRANZ                                      | CINA                              |
|---------------------------------------------------------------------------------------|----------------------------------|--------------------------------------------|-----------------------------------|
| HIDRIC/                                                                               | -CEAI FRUCTE DE PADURE/MENTA     | -CEAI-INFUZIE                              | -APA/CEAI                         |
| HIDROLACTO/HZL                                                                        | -LAPTE 200ML                     | -SUPA CLARA LEGUME 350GR                   | -LAPTE 200ML                      |
| CAUSTIC                                                                               | -LAPTE 200ML                     | -LAPTE 200 ML                              | -BRANZA VACI 150G                 |
| COLITA                                                                                | -BRANZA VACI 150 GR              | -TAITEI CU LAPTE 300GR                     | -LAPTE 200ML                      |
|                                                                                       | -CEAI FARA ZAHAR 200ML           | -PUI INABUSIT 100G                         | -BRANZA VACI 150G                 |
| DIGESTIV POSTOPERATOR                                                                 | -BRANZA VACI 150GR               | -OREZ FIERT 300G                           | -OREZ FIERT 300G                  |
|                                                                                       | -CEAI FRUCTE PADURE/MENTA 200 ML | -MORCOV FIERT 300G                         | BR. FAGARAS 150GR                 |
| DIGESTIV/ BILAR                                                                       | -CEAI FRUCTE PADURE/MENTA 200 ML | -TAITEI CU LAPTE 300G                      | CEAI FRUCTE PADURE/MENTA 200ML    |
| HEPATIC CU SUPLIMENT                                                                  | -BRANZA FAGARAS 175GR            | -SUPA DE LEGUME CU TAITEI 300G             | -CARTOFI NATUR CU UNT 100G/300G   |
|                                                                                       | -IAURT 140GR                     | LEGUME SOTE 300g                           | PUI INABUSIT 100G/300G            |
| DESODAT CARDIAC                                                                       | -CEAI FRUCTE PADURE/MENTA 200 ML | -PUI INABUSIT 100g                         | IAURT (HEPATIC )                  |
|                                                                                       | -UNT 10GR, GEM 20GR              | -DESERT (HEPATIC)                          | -CEAI 200ml                       |
|                                                                                       | -BRANZA DE VACI 100GR            | - SUPA DE LEGUME CU TAITEI 300G            | -CARTOFI NATUR CU UNT SI VERDEATA |
| RENAL                                                                                 | -LAPTE 200ML                     | VARZA CALITA CU FRIPTURA DE PUI 100G/350g  | CU PUI 100G/300G                  |
|                                                                                       | -UNT 10GR, GEM 20GR              | -DESERT                                    | -CEAI 200ml                       |
|                                                                                       | -BRANZA DE VACI 100GR            | - SUPA DE LEGUME CU TAITEI 300G            | -CARTOFI NATUR CU UNT SI VERDEATA |
| RENAL DIABET                                                                          | -LAPTE 200ML                     | VARZA CALITA CU FRIPTURA DE PUI 100G/350g  | CU PUI 100G/300G                  |
|                                                                                       | -OU 50GR                         | -FRUCT/IAURT                               | -CEAI 200ml                       |
|                                                                                       | -SUNCA 40GR(2 BUC)               | - SUPA DE LEGUME CU TAITEI 300G            | -CARTOFI NATUR CU UNT SI VERDEATA |
|                                                                                       | -UNT 10GR                        | VARZA CALITA CU FRIPTURA DE PUI 100G/350g  | CU PUI 100G/300G                  |
| DIABET                                                                                | -LAPTE 200ML                     | -FRUCT/IAURT                               | -CEAI 200ml                       |
|                                                                                       | -SUNCA 40GR (2 BUC)              | - SUPA DE LEGUME CU TAITEI 300G            | -CARTOFI NATUR CU UNT SI VERDEATA |
|                                                                                       | -UNT 10GR                        | VARZA CALITA CU FRIPTURA DE PUI 100G/350g  | CU PUI 100G/300G                  |
|                                                                                       | -OU FIERT 50GR                   | -FRUCT/IAURT                               | -CEAI 200ml                       |
| COMPLET/ NEOPLAZIC SUPLIMENT                                                          | -CEAI FRUCTE PADURE/MENTA 200 ML | - SUPA DE LEGUME CU TAITEI 300G            | -CARTOFI NATUR CU UNT SI VERDEATA |
|                                                                                       | -OU 50GR                         | VARZA CALITA CU FRIPTURA DE PORC 100G/350g | CU PUI 100G/300G                  |
|                                                                                       | -UNT 10GR,SUNCA 40GR( 2 BUC)     | -DESERT                                    | -CEAI 200ml                       |
| ARSI                                                                                  | -LAPTE 200ML                     | - SUPA DE LEGUME CU TAITEI 300G            | -CARTOFI NATUR CU UNT SI VERDEATA |
|                                                                                       | -SUNCA 40GR (2 BUC )             | VARZA CALITA CU FRIPTURA DE PORC 100G/350g | CU PUI 100G/300G                  |
|                                                                                       | -UNT 10GR                        | -DESERT                                    | -CEAI 200ml                       |
|                                                                                       | -OU FIERT 50GR                   |                                            | (IAURT SAU FRUCT)NEOPLAZIC        |
| SPECIAL(enteral-alimente pasate pt sonda nasogastrica si gastrostoma, sodou, lichide) |                                  |                                            | -CARTOFI NATUR CU UNT SI VERDEATA |
| VEGANI, VEGETARIENI                                                                   |                                  |                                            | CU PUI 100G/300G                  |
| DIFERITE ORIENTARI RELIGIOASE (musulmani, iudaic, cerinte specific)                   |                                  |                                            | -CEAI 200ml                       |
|                                                                                       |                                  |                                            | (IAURT SAU FRUCT)                 |

BRANZA DE VACI  
PVAI CU SMANTANA  
LAPTE  
RASOL  
GEM  
SUNCA  
CASCALA  
CONFORM LEGII 04/2021 VA R  
SUNT PREZENTI ALERGENI ALIMENTARE

CU SARE

BRANZA DE VACI  
SMANTANA  
UNT

OU  
CEAI

BRANZA DE

OREZ FIERT  
MORCOV FIERT

DIABET  
NEOPLAZIC

HEPATIC

FERITI DE ALERGII ALIMENTARE, ASTM BRONIC, RINITA ALERGICA, RINOCONJUNCTIVITA ALERGICA, ANAFILAXIE ;  
E, CU, TELINA, USTUROI, LACTATE, PORUMB, GLUTEN. GRAMAJELE LA CARNE SUNT DUPA PROCESAREA TERMICA.

NEOPLAZIC, HEPATIC SI RENAL CU DIABET VOR AVEA SEARA SI IAURT SAU FRUCT