



# MENIUL ZILEI PENTRU PACIENTI-catering

LUNI 15.06.2026

| PATOLOGIE                                                                                      | MIC DEJUN                                                                | PRANZ                                                                                   | CINA                                                                                    |
|------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| HIDRIC/HLZ                                                                                     | -CEAI FRUCTE DE PADURE/MENTA                                             | -CEAI-INFUZIE                                                                           | -APA/CEAI                                                                               |
| HIDROLACTO                                                                                     | -LAPTE 200ML                                                             | -SUPA CLARA LEGUME 350GR<br>-LAPTE 200ML                                                | -LAPTE 200ML                                                                            |
| CAUSTIC                                                                                        | -LAPTE 200ML<br>-BRANZA VACI 150 GR                                      | OREZ CU LAPTE 300GR                                                                     | -BRANZA VACI 150G<br>-LAPTE 200ML                                                       |
| COLITA                                                                                         | -BRANZA VACI 150 GR<br>-CEAI FARA ZAHAR 200ML                            | -PUI INABUSIT 160G<br>-OREZ FIERT 300G<br>-MORCOV FIERT300G                             | -BRANZA VACI 150G<br>-OREZ FIERT 300G                                                   |
| DIGESTIV<br>POSTOPERATOR                                                                       | -BRANZA VACI 150GR<br>-CEAI FRUCTE PADURE/MENTA 200 ML                   | -OREZ CU LAPTE 300G<br>-SUPA LEGUME 350G                                                | -BRANZA FAGARAS 150GR<br>-CEAI FRUCTE DE PADURE 200ML                                   |
| DIGESTIV/<br>BILIAR<br>HEPATIC CU SUPLIMENT                                                    | -CEAI FRUCTE PADURE/MENTA200 ML<br>-BRANZA FAGARAS 175GR<br>-IAURT 140GR | -SUPA DE LEGUME 350G<br>-RASOL DE PUI CU PIURE DE CARTOFI<br>100G/300G, DESERT(HEPATIC) | -BUDINCA DE OREZ CU PUI INABUSIT<br>100G/300G<br>IAURT 140GR (HEPATIC)<br>-CEAI 200ML   |
| DESODAT<br>CARDIAC                                                                             | -CEAI FRUCTE PADURE/MENTA200 ML<br>-UNT 10GR<br>-IAURT 140GR<br>-OU 50GR | -CIORBA TARANEASCA 350G<br>-RULADA DE CARNE CU PIURE DE CARTOFI<br>100G/300G, DESERT    | -BUDINCA DE OREZ CU FRIPTURA DE<br>PUI 100G/300G<br>-CEAI 200ML                         |
| RENAL                                                                                          | -LAPTE 200ML<br>-OU 50GR<br>-IAURT 140GR<br>-UNT 10GR                    | -CIORBA TARANEASCA 350G<br>-RULADA DE CARNE CU PIURE DE CARTOFI<br>100G/300G, DESERT    | -BUDINCA DE OREZ CU FRIPTURA DE<br>PUI 100G/300G<br>-CEAI 200ML                         |
| RENAL DIABET                                                                                   | -LAPTE 200ML<br>-OU 50GR<br>-IAURT 140GR<br>-UNT 10GR                    | -CIORBA TARANEASCA 350G<br>-RULADA DE CARNE CU PIURE DE CARTOFI<br>100G/300G, FRUCT     | BUDINCA DE OREZ CU FRIPTURA DE PUI<br>100G/300G<br>IAURT 140GR SAU FRUCT<br>-CEAI 200ML |
| DIABET                                                                                         | -LAPTE 200ML<br>-IAURT 140GR<br>-UNT 10GR<br>-OU FIERT 50GR              | -CIORBA TARANEASCA 350G<br>-RULADA DE CARNE CU PIURE DE CARTOFI<br>100G/300G, FRUCT     | BUDINCA DE OREZ CU FRIPTURA DE PUI<br>100G/300G<br>IAURT 140GR SAU FRUCT<br>-CEAI 200ML |
| COMPLET                                                                                        | -CEAI FRUCTE PADURE/MENTA200 ML<br>-OU 50GR<br>-UNT 10GR, IAURT 140GR    | CIORBA TARANEASCA 350G<br>-RULADA DE CARNE CU PIURE DE<br>CARTOFI100G/300G, DESERT      | BUDINCA DE OREZ CU FRIPTURA DE PUI<br>100G/300G<br>-CEAI 200ML                          |
| NEOPLAZIC<br>SUPLIMENT                                                                         | -CEAI FRUCTE PADURE/MENTA200 ML<br>-OU 50GR<br>-UNT 10GR, IAURT 140GR    | CIORBA TARANEASCA 350G<br>-RULADA DE CARNE CU PIURE DE CARTOFI<br>100G/300G, DESERT     | BUDINCA DE OREZ CU FRIPTURA DE PUI<br>100G/300G<br>IAURT 140GR SAU FRUCT<br>-CEAI 200ML |
| ARSI                                                                                           | -LAPTE 200ML<br>-IAURT 140GR<br>-UNT 10GR, -OU FIERT 50GR                | -CIORBA TARANEASCA 350G<br>-RULADA DE CARNE CU PIURE DE CARTOFI<br>100G/300G, DESERT    | BUDINCA DE OREZ CU FRIPTURA DE PUI<br>100G/300G<br>IAURT 140GR SAU FRUCT<br>-CEAI 200ML |
| SPECIAL(enteral-alimente<br>pasate pt sonda nasogastrica<br>si gastrostoma, sodou,<br>lichide) |                                                                          |                                                                                         |                                                                                         |
| VEGANI, VEGETARIENI                                                                            |                                                                          |                                                                                         |                                                                                         |
| DIFERITE ORIENTARI<br>RELIGIOASE (musulmani,<br>iudaic, cerinte specific)                      |                                                                          |                                                                                         |                                                                                         |

BRANZA DE VACI  
BRANZA DE VACI CU SMANTANA  
OU  
UNT  
IAURT  
DIABET  
CASCVAL

BRANZA DE VACI  
SMANTANA  
GRATAR  
OREZ FIERT

SUNCA

SUPLIMENT CAS

CONFORM LEGII 04/2021 VA ROG SA ANUNTATI DE ALERGII ALIMENTARE, ASTM BRONIC, RINITA ALERGICA, RINOCONJUNCTIVITA ALERGICA,  
ANAFILAXIE ; SUNT PREZENTI ALERGENI ALIMENTARI PRECUM : DROJDIE, OU,TELINA,USTUROI, LACTATE, PORUMB, GLUTEN.GRAMAJELE LA CARNE SUNT DUPA  
PROCESAREA TERMICA.

NEOPLAZIC, HEPATIC, DIABET SI RENAL CU DIABET VOR AVEA SEARA SI IAURT SAU FRUCT



# MENIUL ZILEI PENTRU PACIENTI-catering

MARTI 16.06.2026

|                                                                                             | MIC DEJUN                                                                                  | PRANZ                                                                                                    | CINA                                                                                              |
|---------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|
| HIDRIC/HLZ                                                                                  | -CEAI FRUCTE DE PADURE/MENTA                                                               | -CEAI-INFUZIE                                                                                            | -APA/CEAI                                                                                         |
| HIDROLACTO                                                                                  | -LAPTE 200ML                                                                               | -SUPA CLARA LEGUME 350GR<br>-LAPTE 200ML                                                                 | -LAPTE 200ML                                                                                      |
| CAUSTIC                                                                                     | -LAPTE 200ML<br>-BRANZA VACI 150 GR                                                        | -LAPTE 200 ML<br>-OREZ CU LAPTE 300GR                                                                    | -BRANZA VACI 150G<br>-LAPTE 200ML                                                                 |
| COLITA                                                                                      | -BRANZA VACI 150 GR<br>-CEAI FARA ZAHAR 200ML                                              | -PUI INABUSIT 100G<br>-OREZ FIERT 300G<br>-SOTE MORCOVI 300G                                             | -BRANZA VACI 150G<br>-OREZ FIERT 300G                                                             |
| DIGESTIV<br>POSTOPERATOR                                                                    | -BRANZA VACI 150GR<br>-CEAI FRUCTE PADURE/MENTA 200 ML                                     | -OREZ CU LAPTE 300G<br>-SUPA LEGUME CU GALUSTE 350G                                                      | -BRANZA FAGARAS 150G<br>-CEAI FRUCTE DE PADURE 200ML                                              |
| DIGESTIV/<br>BILIAR<br>HEPATIC CU SUPLIMENT                                                 | -CEAI FRUCTE PADURE/MENTA200 ML<br>-BRANZA FAGARAS 175GR<br>-IAURT 140GR                   | -SUPA LEGUME CU GALUSTE DE GRIS 350G<br>-PUI INABUSIT+<br>- OREZ CU LEGUME 300G/100G<br>-DESERT(HEPATIC) | -FASOLE SOTE CU PUI INABUSIT 100G/300G<br>IAURT 140G (HEPATICI)<br>-CEAI 200ml                    |
| DESODAT<br>CARDIAC                                                                          | -CEAI FRUCTE PADURE/MENTA200 ML<br>-UNT 10GR ,GEM 20GR<br>-CAS 30GR (1BUC)                 | CIORBA DE PERISOARE 350G<br>- OREZ CU LEGUME CU PUI 300G/100G<br>-DESERT                                 | -MANCARE DE FASOLE GALBENA SI<br>FRIPTURA DE PUI 100G/300G<br>-CEAI 200ml                         |
| RENAL                                                                                       | -LAPTE 200ML<br>-UNT 10GR ,GEM 20GR<br>-FAGARAS 175GR                                      | CIORBA DE PERISOARE 350G<br>-OREZ CU LEGUME CU PUI 300G/100G<br>-DESERT                                  | -MANCARE DE FASOLE GALBENA SI<br>FRIPTURA DE PUI 100G/300G<br>-CEAI 200ml                         |
| RENAL DIABET                                                                                | -LAPTE 200ML<br>-UNT 10GR ,CASCAVAL FARA SARE<br>60GR(2BUC)<br>-FAGARAS 175GR              | CIORBA DE PERISOARE 350G<br>- OREZ CU LEGUME CU PUI 300G/100G-<br>FRUCT                                  | -MANCARE DE FASOLE GALBENA SI<br>FRIPTURA DE PUI 100G/300G<br>IAURT 140G SAU FRUCT<br>-CEAI 200ml |
| DIABET                                                                                      | -LAPTE 200ML<br>-UNT 10GR , CASCAVAL FARA SARE<br>60GR(2BUC)<br>- SUNCA PRESATA 40GR(2BUC) | CIORBA DE PERISOARE 350G<br>- OREZ CU LEGUME CU PUI 300G/100G<br>-FRUCT                                  | -MANCARE DE FASOLE GALBENA SI<br>FRIPTURA DE PUI 100G/300G<br>IAURT 140G SAU FRUCT<br>-CEAI 200ml |
| COMPLET                                                                                     | -CEAI FRUCTE PADURE/MENTA200 ML<br>-MUSCHI FILE 40GR(2BUC)<br>-UNT 10GR ,GEM 20GR          | - CIORBA DE PERISOARE 350G<br>- OREZ CU LEGUME CU PUI 300G/100G<br>-DESERT                               | -MANCARE DE FASOLE GALBENA SI<br>FRIPTURA DE PUI 100G/300G<br>-CEAI 200ML                         |
| NEOPLAZIC CU SUPLIMENT                                                                      | -CEAI FRUCTE PADURE/MENTA200 ML<br>-SUNCA PRESATA 40GR (2BUC)<br>-UNT 10GR ,GEM 20GR       | - CIORBA DE PERISOARE 350G<br>- OREZ CU LEGUME CU PUI 300G/100G<br>-DESERT                               | -MANCARE DE FASOLE GALBENA SI<br>FRIPTURA DE PUI 100G/300G<br>IAURT 140G SAU FRUCT<br>-CEAI 200ML |
| ARSI                                                                                        | -LAPTE 200ML<br>-UNT 10GR ,CASCAVAL FARA SARE<br>60GR(2BUC)<br>- SUNCA PRESATA 40GR(2BUC)  | CIORBA DE PERISOARE 350G<br>- OREZ CU LEGUME CU PUI 300G/100G<br>-DESERT                                 | -MANCARE DE FASOLE GALBENA SI<br>FRIPTURA DE PUI 100G/300G<br>IAURT 140G SAU FRUCT<br>-CEAI 200ml |
| SPECIAL(enteral-alimente pasate<br>pt sonda nasogastrica si<br>gastrostoma, sodou, lichide) |                                                                                            |                                                                                                          |                                                                                                   |
| VEGANI, VEGETARIENI                                                                         |                                                                                            |                                                                                                          |                                                                                                   |
| DIFERITE ORIENTARI RELIGIOASE<br>(musulmani, iudaic, cerinte<br>specific)                   |                                                                                            |                                                                                                          |                                                                                                   |

BRANZA DE VACI  
BRANZA DE VACI CU SMANTANA

OU  
UNT  
CAS  
SUNCA  
CONFORM  
RINOCON  
PORUMB

PAINE CU SARE  
PAINE FARA SARE  
LAPTE  
IAURT  
SUPLIMENT DIABET

NEOPLAZIC HEPATIC

BRANZA DE VACI  
SMANTANA  
GRATAR  
OREZ FIERT  
MORCOV FIERT

UNTATI DACA SUFERITI DE ALERGII ALIMENTARE, ASTM BRONIC, RINITA ALERGICA,  
XIE ; SUNT PREZENTI ALERGENI ALIMENTARI PRECUM : DROJDIE, OU,TELINA,USTUROI, LACTATE,  
SUNT DUPA PROCESAREA TERMICA.  
C, DIABET SI RENAL CU DIABET VOR AVEA SEARA SI IAURT SAU FRUCT



## MENIUL ZILEI PENTRU PACIENTI-catering

MIERCURI 17.06.2026

| PATOLOGIE                                                                                   | MIC DEJUN                                                                                              | PRANZ                                                                                              | CINA                                                                                         |
|---------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
| HIDRIC/HLZ                                                                                  | -CEAI FRUCTE DE PADURE/MENTA                                                                           | -CEAI-INFUZIE                                                                                      | -APA/CEAI                                                                                    |
| HIDROLACTO                                                                                  | -LAPTE 200ML                                                                                           | -SUPA CLARA LEGUME 350ML<br>-LAPTE 200ML                                                           | -LAPTE 200ML                                                                                 |
| CAUSTIC                                                                                     | -LAPTE 200ML<br>-BRANZA VACI 150 GR                                                                    | -LAPTE 200 ML<br>-GRIS CU LAPTE 300GR                                                              | -BRANZA VACI 150G<br>-LAPTE 200ML                                                            |
| COLITA                                                                                      | -BRANZA VACI 150 GR<br>-CEAI FARA ZAHAR 200ML                                                          | -PUI INABUSIT 100G<br>-OREZ FIERT 300G<br>-MORCOV FIERT 300G                                       | -BRANZA VACI 150G<br>-OREZ FIERT 300G                                                        |
| DIGESTIV<br>POSTOPERATOR                                                                    | -BRANZA VACI 150GR<br>-CEAI FRUCTE PADURE/MENTA 200<br>ML                                              | -GRIS CU LAPTE 300G<br>-SUPA LEGUME CU OU 350G                                                     | -BRANZA FAGARAS 150G<br>-CEAI FRUCTE DE PADURE 200ML                                         |
| DIGESTIV/<br>BILIAR<br>HEPATIC CU SUPLIMENT                                                 | -CEAI FRUCTE PADURE/MENTA200 ML<br>-BRANZA FAGARAS 175G<br>-IAURT 140GR                                | -SUPA LEGUME CU OU 350G<br>-PUI INABUSIT+<br>LEGUME SOTE 100G/300G<br>-DESERT(HEPATIC)             | - CARTOFI NATUR CU UNT 300G<br>+PUI INABUSIT100G<br>IAURT 140GR (HEPATIC)<br>-CEAI 200ML     |
| DESODAT<br>CARDIAC                                                                          | -CEAI FRUCTE PADURE/MENTA200 ML<br>-UNT 10GR ,BRANZA DE VACI 100G<br>-GEM 20GR                         | --SUPA DE LEGUME CU ZDRENTA DE OU350G<br>- VARZA CALITA CU FRIPTURA DE PUI<br>100G/300G, DESERT    | -CARTOFI NATUR CU UNT 300G<br>+PUI 100G<br>-CEAI 200ML                                       |
| RENAL                                                                                       | -LAPTE 200ML<br>-GEM 20GR, UNT 10GR<br>-BRANZA DE VACI 100G                                            | --SUPA DE LEGUME CU ZDRENTA DE OU 350G<br>- VARZA CALITA CU FRIPTURA DE<br>PUI100G/300G, DESERT    | - CARTOFI NATUR CU UNT SI VERDEATA 300G<br>+PUI100G<br>-CEAI 200ML                           |
| RENAL DIABET                                                                                | -LAPTE 200ML<br>- UNT 10GR<br>-BRANZA DE VACI 100G<br>SUNCA 40GR(2BUC)                                 | --SUPA DE LEGUME CU ZDRENTA DE OU 350G<br>- VARZA CALITA CU FRIPTURA DE PUI<br>100G/300G<br>-FRUCT | - CARTOFI NATUR CU UNT SI VERDEATA 300G<br>+PUI 100G<br>IAURT 140GR SAU FRUCT<br>-CEAI 200ML |
| DIABET                                                                                      | -LAPTE 200ML<br>-BRANZA VACI 100G<br>- UNT 10GR<br>-SUNCA 40GR (2BUC)                                  | --SUPA DE LEGUME CU ZDRENTA DE OU 350G<br>- VARZA CALITA CU FRIPTURA DE PUI<br>100G/300G<br>-FRUCT | -CARTOFI NATUR CU UNT SI VERDEATA 300G<br>+PUI 100G<br>IAURT 140GR SAU FRUCT<br>-CEAI 200ML  |
| COMPLET                                                                                     | -CEAI FRUCTE PADURE/MENTA 200<br>ML,<br>-CASCAVAL 30GR (2BUC)<br>-SUNCA 40GR(2BUC), - UNT 10GR         | -SUPA DE LEGUME CU ZDRENTA DE OU 350G<br>- VARZA CALITA CU CARNE DE PORC 100G /300G<br>-DESERT     | - CARTOFI NATUR CU UNT SI VERDEATA 300G<br>+PUI 100G<br>-CEAI 200ML                          |
| NEOPLAZIC<br>SUPLIMENT                                                                      | -CEAI FRUCTE PADURE/MENTA 200<br>ML<br>-CASCAVAL FARA SARE 60GR(2BUC)<br>-SUNCA 40GR(2BUC), - UNT 10GR | -SUPA DE LEGUME CU ZDRENTA DE OU 350G<br>- VARZA CALITA CU CARNE DE PORC 100G /300G<br>-DESERT     | - CARTOFI NATUR CU UNT SI VERDEATA 300G<br>+PUI 100G<br>IAURT 140GR SAU FRUCT<br>-CEAI 200ML |
| ARSI                                                                                        | - LAPTE 200ML<br>- BRANZA DE VACI 100G<br>- UNT 10GR, - SUNCA 40GR (2BUC)                              | -SUPA DE LEGUME CU ZDRENTA DE OU 350G<br>- VARZA CALITA CU CARNE DE PUI 100G/300G<br>-DESERT       | - CARTOFI NATUR CU UNT SI VERDEATA 300G<br>+PUI 100G<br>IAURT 140GR SAU FRUCT, -CEAI 200ML   |
| SPECIAL(enteral-alimente<br>pasate pt sonda nasogastrica si<br>gastrostoma, sodou, lichide) |                                                                                                        |                                                                                                    |                                                                                              |
| VEGANI, VEGETARIENI                                                                         |                                                                                                        |                                                                                                    |                                                                                              |
| DIFERITE ORIENTARI<br>RELIGIOASE (musulmani,<br>iudaic, cerinte specific)                   |                                                                                                        |                                                                                                    |                                                                                              |

BRANZA DE VACI  
BRANZA DE VACI CU SMANTANA  
OU  
UNT  
GEM  
SUPLIMENT DIABETIC  
NEOPLAZIC  
CONFORM LEGII 04/2021

BRANZA DE VACI  
SMANTANA  
GRATAR  
RASOL  
OREZ FIERT

CASCAVAL

SUNCA

DE ALERGII ALIMENTARE, ASTM BRONIC, RINITA ALERGICA, RINOCONJUNCTIVITA ALERGICA,  
ANAFILAXIE ; SUNT PREZENTI ALERGIILE : DRODIE, OU, TELINA, USTUROI, LACTATE, PORUMB, GLUTEN. GRAMAJELE LA CARNE SUNT DUPA  
PROCESAREA TERMICA.

NEOPLAZIC, HEPATIC, DIABET SI RENAL CU DIABET VOR AVEA SEARA SI IAURT SAU FRUCT



## MENIUL ZILEI PENTRU PACIENTI-catering

**JOI 18.06.2026**

| PATOLOGIE                                                                                   | MIC DEJUN                                                                          | PRANZ                                                                                                   | CINA                                                                                           |
|---------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|
| HIDRIC/HLZ                                                                                  | -CEAI FRUCTE DE PADURE/MENTA                                                       | -CEAI-INFUZIE                                                                                           | -APA/CEAI                                                                                      |
| HIDROLACTO                                                                                  | -LAPTE 200ML                                                                       | -SUPA CLARA LEGUME 350ML<br>-LAPTE 200ML                                                                | -LAPTE 200ML                                                                                   |
| CAUSTIC                                                                                     | -LAPTE 200ML<br>-BRANZA VACI 150 GR                                                | -LAPTE 200 ML<br>-TAITEI CU LAPTE 300GR                                                                 | -BRANZA VACI 150G<br>-LAPTE 200ML                                                              |
| COLITA                                                                                      | -BRANZA VACI 150 GR<br>-CEAI FARA ZAHAR 200ML                                      | -PUI INABUSIT 100G<br>-OREZ FIERT 300G<br>-MORCOV FIERT 300G                                            | -BRANZA VACI 150G<br>-OREZ FIERT 300G                                                          |
| DIGESTIV<br>POSTOPERATOR                                                                    | -BRANZA VACI 150GR<br>-CEAI FRUCTE PADURE/MENTA 200<br>ML                          | -TAITEI CU LAPTE 300G<br>-SUPA LEGUME CU OU 350G                                                        | BR. FAGARAS 150G<br>CEAI FRUCTE PADURE/MENTA200ML                                              |
| DIGESTIV/<br>BILIAR<br>HEPATIC CU SUPLIMENT                                                 | -CEAI FRUCTE PADURE/MENTA200 ML<br>-BRANZA FAGARAS 175G<br>-IAURT 140G             | -SUPA DE LEGUME CU TAITEI 350G<br>- FICATEI DE PUI CU PIURE DE CARTOFI<br>100G/300G<br>-DESERT(HEPATIC) | - BUDINCA PASTE CU BRANZA 300G<br>-PUI INABUSIT 100G<br>IAURT 140G (HEPATIC)<br>-CEAI 200ML    |
| DESODAT<br>CARDIAC                                                                          | -CEAI FRUCTE PADURE/MENTA200 ML<br>-UNT 10GR ,OU 50GR<br>-FAGARAS 175G             | -SUPA DE LEGUME CU TAITEI 350G<br>- SOTE DE FICAT CU PIURE DE CARTOFI<br>100G/300G<br>-DESERT           | - BUDINCA PASTE CU BRANZA 300G<br>-FRIPTURA DE PUI 100G<br>-CEAI FRUCTE PADURE/MENTA200ML      |
| RENAL                                                                                       | -LAPTE 200ML<br>-UNT 10GR ,OU 50GR<br>- SUNCA PRESATA 40GR (2BUC)                  | -SUPA DE LEGUME CU TAITEI 350G<br>- SOTE DE FICAT CU PIURE DE CARTOFI<br>100G/300G, -DESERT             | -BUDINCA PASTE CU BRANZA 300G<br>-FRIPTURA DE PUI 100G<br>-CEAI FRUCTE PADURE/MENTA200ML       |
| RENAL DIABET                                                                                | -LAPTE 200ML<br>-UNT 10GR ,OU 50GR<br>- SUNCA PRESATA 40GR(2BUC)                   | -SUPA DE LEGUME CU TAITEI 350G<br>- SOTE DE FICAT CU PIURE DE CARTOFI<br>100G/300G<br>-FRUCT            | - BUDINCA PASTE CU BRANZA 300G<br>-FRIPTURA DE PUI 100G<br>-CEAI 200ML<br>IAURT 140G SAU FRUCT |
| DIABET                                                                                      | -LAPTE 200ML<br>-UNT 10GR ,OU FIERT 50GR<br>- SUNCA PRESATA 40GR(2BUC)             | -SUPA DE LEGUME CU TAITEI 350G<br>- SOTE DE FICAT CU PIURE DE CARTOFI<br>100G/300G, -FRUCT              | - BUDINCA PASTE CU BRANZA 300G<br>-FRIPTURA DE PUI 100G<br>IAURT 140G SAU FRUCT, -CEAI 200ML   |
| COMPLET                                                                                     | -CEAI FRUCTE PADURE/MENTA200 ML<br>-SUNCA PRESATA 40GR(2BUC)<br>-UNT 10GR ,OU 50GR | -SUPA DE LEGUME CU TAITEI 350G<br>- SOTE DE FICAT CU PIURE DE CARTOFI<br>100G/300G, -DESERT             | - BUDINCA PASTE CU BRANZA 300G<br>-FRIPTURA DE PUI 100G<br>-CEAI200ML                          |
| NEOPLAZIC CU<br>SUPLIMENT                                                                   | -CEAI FRUCTE PADURE/MENTA200 ML<br>-SUNCA PRESATA 40GR(2BUC)<br>-UNT 10GR ,OU 50GR | -SUPA DE LEGUME CU TAITEI 350G<br>- SOTE DE FICAT CU PIURE DE CARTOFI<br>100G/300G, -DESERT             | - BUDINCA PASTE CU BRANZA 300G<br>-FRIPTURA DE PUI 100G<br>IAURT 140G SAU FRUCT, -CEAI 200ML   |
| ARSI                                                                                        | -LAPTE 200ML<br>-UNT 10GR ,OU FIERT 50GR<br>- SUNCA PRESATA 40GR(2BUC)             | -SUPA DE LEGUME CU TAITEI 350G<br>-- SOTE DE FICAT CU PIURE DE CARTOFI<br>100G/300G, -DESERT            | - BUDINCA PASTE CU BRANZA 300G<br>-FRIPTURA DE PUI 100G<br>IAURT 140G SAU FRUCT, -CEAI 200ML   |
| SPECIAL(enteral-alimente<br>pasate pt sonda nasogastrica si<br>gastrostoma, sodou, lichide) |                                                                                    |                                                                                                         |                                                                                                |
| VEGANI, VEGETARIENI                                                                         |                                                                                    |                                                                                                         |                                                                                                |
| DIFERITE ORIENTARI<br>RELIGIOASE (musulmani,<br>iudaic, cerinte specifice)                  |                                                                                    |                                                                                                         |                                                                                                |

BRANZA DE VACI  
BRANZA DE VACI CU SMANTANA  
OU  
UNT  
CAS  
SUNCA

PAINE CU SARE  
PAINE FARA SARE  
LAPTE  
IAURT  
SUPLIMENT DIABET

BRANZA DE VACI  
SMANTANA  
GRATAR  
OREZ FIERT  
MORCOV FIERT

NEOPLAZIC

HEPATIC

CONFORM LEGII NR. 95/2006, PACIENTII SUFERITI DE ALERGII ALIMENTARE, ASTM BRONSIC, RINITA ALERGICA,  
RINOCONJUNCTIVITIS, DIABET SI RENAL CU DIABET VOR AVEA SEARA SI IAURT SAU FRUCT  
PORUMB, GLUTEN SI DUA Dupa procesarea termica.



## MENIUL ZILEI PENTRU PACIENTI-catering

VINERI 19.06.2026

| PATOLOGIE                                                                                      | MIC DEJUN                                                                                 | PRANZ                                                                                  | CINA                                                                                  |
|------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| HIDRIC/HLZ                                                                                     | -CEAI FRUCTE DE PADURE/MENTA                                                              | -CEAI-INFUZIE                                                                          | -APA/CEAI                                                                             |
| HIDROLACTO                                                                                     | -LAPTE 200ML                                                                              | -SUPA CLARA LEGUME 350ML<br>-LAPTE 200ML                                               | -LAPTE 200ML                                                                          |
| CAUSTIC                                                                                        | -LAPTE 200ML<br>-BRANZA VACI 150 GR                                                       | -LAPTE 200 ML<br>-TAITEI CU LAPTE 300GR                                                | -BRANZA VACI 150G<br>-LAPTE 200ML                                                     |
| COLITA                                                                                         | -BRANZA VACI 150 GR<br>-CEAI FARA-ZAHAR 200ML                                             | -PUI INABUSIT 100G<br>-OREZ FIERT 300G<br>-MORCOV FIERT 300G                           | -BRANZA VACI 150G<br>-OREZ FIERT 300G                                                 |
| DIGESTIV<br>POSTOPERATOR                                                                       | -BRANZA VACI 150GR<br>-CEAI FRUCTE PADURE/MENTA 200 ML                                    | -TAITEI CU LAPTE 300G<br>-SUPA LEGUME 350G                                             | -BRANZA FAGARAS 150 GR<br>-CEAI FRUCTE DE PADURE 200ML                                |
| DIGESTIV/<br>BILIAR<br>HEPATIC CU SUPLIMENT                                                    | -CEAI FRUCTE PADURE/MENTA200 ML<br>-BRANZA FAGARAS 175 GR<br>-IAURT 140 GR                | SUPA DE LEGUME 350G<br>PUI INABUSIT+<br>- SOTE DE LEGUME 300G/100G<br>-DESERT(HEPATIC) | -OREZ CU PUI INABUSIT 300/100GR<br>IAURT 140GR ( HEPATIC)<br>-CEAI 200 ML             |
| DESODAT<br>CARDIAC                                                                             | -CEAI FRUCTE PADURE/MENTA200 ML<br>-UNT 10GR, -GEM 20GR<br>-CASCAVAL FARA SARE 30GR(1BUC) | -CIORBA DE CARTOFI CU TARHON 350G<br>- SOTE DE LEGUME + PUI 300G/100G<br>-DESERT       | -PILAF CU LEGUME SI CHIFTELUTE<br>300/100GR<br>-CEAI 200ML                            |
| RENAL                                                                                          | -LAPTE 200ML<br>-OU 50GR ,UNT 10GR,<br>-FAGARAS 175 GR                                    | CIORBA DE CARTOFI CU TARHON 350G<br>- SOTE DE LEGUME + PUI 300G/100G<br>-DESERT        | -PILAF CU LEGUME SI CHIFTELUTE<br>300/100GR<br>-CEAI 200ML                            |
| RENAL DIABET                                                                                   | -LAPTE 200ML<br>-UNT 10GR<br>-FAGARAS 175 GR, OU 50GR                                     | CIORBA DE CARTOFI CU TARHON 350G<br>- SOTE DE LEGUME + PUI 300G/100G<br>-FRUCT         | -PILAF CU LEGUME SI CHIFTELUTE<br>300/100GR<br>-CEAI 200ML,-IAURT 140GR SAU FRUCT     |
| DIABET                                                                                         | -LAPTE 200ML<br>-UNT 10GR ,OU FIERT 50GR<br>-CASCAVAL FARA SARE 60GR(2BUC)                | CIORBA DE CARTOFI CU TARHON 350G<br>- SOTE DE LEGUME + PUI 300G/100G<br>-FRUCT         | -PILAF CU LEGUME SI CHIFTELUTE<br>300/100GR<br>-CEAI 200ML,<br>-IAURT 140GR SAU FRUCT |
| COMPLET                                                                                        | -CEAI FRUCTE PADURE/MENTA200 ML<br>-IAURT 140GR<br>- UNT 10GR ,<br>-SUNCA 2 BUC, 40GR     | - CIORBA DE CARTOFI CU TARHON 350G<br>- MANCARE DE MAZARE CU PUI 300G/100G<br>-DESERT  | -PILAF CU LEGUME SI CHIFTELUTE<br>300/100GR<br>-CEAI 200ML                            |
| NEOPLAZIC CU<br>SUPLIMENT                                                                      | -CEAI FRUCTE PADURE/MENTA200 ML<br>-IAURT 140GR<br>- UNT 10GR , -SUNCA 2 BUC, 40GR        | - CIORBA DE CARTOFI CU TARHON 350G<br>- MANCARE DE MAZARE CU PUI 300G/100G<br>-DESERT  | -PILAF CU LEGUME SI CHIFTELUTE<br>300/100GR<br>IAURT 140GR SAU FRUCT , -CEAI 200ML    |
| ARSI                                                                                           | -LAPTE 200ML<br>-UNT 10GR ,OU FIERT 50GR<br>-CASCAVAL FARA SARE 60GR (2BUC)               | - CIORBA DE CARTOFI CU TARHON 350G<br>- SOTE DE LEGUME + PUI 300G/100G<br>-DESERT      | -PILAF CU LEGUME SI CHIFTELUTE<br>300/100GR<br>IAURT 140GR SAU FRUCT, -CEAI 200ML     |
| SPECIAL(enteral-alimente<br>pasate pt sonda nasogastrica<br>si gastrostoma, sodou,<br>lichide) |                                                                                           |                                                                                        |                                                                                       |
| VEGANI, VEGETARIENI                                                                            |                                                                                           |                                                                                        |                                                                                       |
| DIFERITE ORIENTARI<br>RELIGIOASE (musulmani,<br>iudaic, cerinte specific)                      |                                                                                           |                                                                                        |                                                                                       |

BRANZA DE VACI  
BRANZA DE VACI CU SMANTANA  
OU  
UNT  
CAS  
SUNCA  
CONFO  
RINOC  
PORUM

PAINE CU SARE  
PAINE FARA SARE  
LAPTE  
IAURT  
SUPLIMENT DIABET

BRANZA DE VACI  
SMANTANA  
GRATAR  
OREZ FIERT  
MORCOV FIERT

NEOPLAZIC HEPATIC

PA SUFERITI DE ALERGII ALIMENTARE, ASTM BRONSIC, RINITA ALERGICA,  
PREZENTI ALERGENI ALIMENTARI PRECUM : DROJDIE, OU, TELINA, USTUROI, LACTATE,  
COCCESAREA TERMICA.  
L CU DIABET VOR AVEA SEARA SI IAURT SAU FRUCT

Dr. CLAV  
Pr  
Supr



## MENIUL ZILEI PENTRU PACIENTI-catering

### SAMBATA 20.06.2026

| PATOLOGIE                                                                                      | MIC DEJUN                                                                                  | PRANZ                                                                                    | CINA                                                                                  |
|------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| HIDRIC/HLZ                                                                                     | -CEAI FRUCTE DE PADURE/MENTA                                                               | -CEAI-INFUZIE                                                                            | -APA/CEAI                                                                             |
| HIDROLACTO                                                                                     | -LAPTE 200ML                                                                               | -SUPA CLARA LEGUME 350ML<br>-LAPTE 200ML                                                 | -LAPTE 200ML                                                                          |
| CAUSTIC                                                                                        | -LAPTE 200ML<br>-BRANZA VACI 150 GR                                                        | -LAPTE 200 ML<br>-TAITEI CU LAPTE 300GR                                                  | -BRANZA VACI 150G<br>-LAPTE 200ML                                                     |
| COLITA                                                                                         | -BRANZA VACI 150 GR<br>-CEAI FARA ZAHAR 200ML                                              | -PUI INABUSIT 100G *<br>-OREZ FIERT 300G<br>-SOTE MORCOVI 300G                           | -BRANZA VACI 150G<br>-OREZ FIERT 300G                                                 |
| DIGESTIV<br>POSTOPERATOR                                                                       | -BRANZA VACI 150GR<br>-CEAI FRUCTE PADURE/MENTA 200 ML                                     | -TAITEI CU LAPTE 300G<br>-SUPA LEGUME 350G                                               | -BRANZA FAGARAS 150G<br>-CEAI FRUCTE DE PADURE 200ML                                  |
| DIGESTIV/<br>BILIAR<br>HEPATIC CU SUPLIMENT                                                    | -CEAI FRUCTE PADURE/MENTA200 ML<br>-BRANZA FAGARAS 175G<br>-IAURT 140G                     | -SUPA LEGUME 350G<br>-PUI INABUSIT+<br>LEGUME SOTE 100G/300G<br>-DESERT(HEPATIC)         | PASTE CU SOS ALB SI PUI INABUSIT<br>100G/300G<br>IAURT 140G (HEPATICI)<br>-CEAI 200ML |
| DESODAT<br>CARDIAC                                                                             | -CEAI FRUCTE PADURE/MENTA200 ML<br>- UNT 10GR ,GEM 20GR<br>-CASCAVAL FARA SARE 30GR(1 BUC) | - SUPA CREMA DE LEGUME 350G<br>-MANCARE DE FASOLE GALBENA CU PUI<br>100G/300G, DESERT    | PASTE BOLOGNESE /350G<br>-CEAI 200ML                                                  |
| RENAL                                                                                          | -LAPTE 200ML<br>-OU 50GR<br>-CASCAVAL FARA SARE 60GR(2BUC)<br>- UNT 10GR                   | - SUPA CREMA DE LEGUME 350G<br>-MANCARE DE FASOLE GALBENA CU PUI<br>100G/300G<br>-DESERT | PASTE BOLOGNESE /350G<br>-CEAI 200ML                                                  |
| RENAL DIABET                                                                                   | -LAPTE 200ML<br>- UNT 10GR<br>-CASCAVAL FARA SARE 60GR(2BUC)<br>-SUNCA 40GR (2BUC)         | - SUPA CREMA DE LEGUME 350G<br>-MANCARE DE FASOLE GALBENA CU PUI<br>100G/300G<br>-FRUCT  | PASTE BOLOGNESE /350G<br>IAURT 140G SAU FRUCT<br>-CEAI 200ML                          |
| DIABET                                                                                         | -LAPTE 200ML<br>-CASCAVAL FARA SARE 60GR (2BUC)<br>- UNT 10GR<br>-SUNCA 40GR (2BUC)        | - SUPA CREMA DE LEGUME 350G<br>-MANCARE DE FASOLE GALBENA CU PUI<br>100G/300G<br>-FRUCT  | PASTE BOLOGNESE /350G<br>IAURT 140G SAU FRUCT<br>-CEAI 200ML                          |
| COMPLET                                                                                        | -CEAI FRUCTE PADURE/MENTA200 ML<br>-UNT 10GR ,GEM 20GR, CASCAVAL 30G<br>(2 BUC)            | - SUPA CREMA DE LEGUME 350G<br>-MANCARE DE FASOLE GALBENA CU PUI<br>100G/300G, DESERT    | PASTE BOLOGNESE /350G<br>-CEAI 200ML                                                  |
| NEOPLAZIC CU<br>SUPLIMENT                                                                      | -CEAI FRUCTE PADURE/MENTA200 ML<br>-CASCAVAL FARA SARE 60GR(2BUC)<br>-UNT 10GR ,GEM 20GR   | - SUPA CREMA DE LEGUME 350G<br>-MANCARE DE FASOLE GALBENA CU PUI<br>100G/300G, DESERT    | PASTE BOLOGNESE /350G<br>IAURT 140G SAU FRUCT<br>-CEAI 200ML                          |
| ARSI                                                                                           | -LAPTE 200ML<br>-CASCAVAL FARA SARE 60GR(2BUC)<br>-UNT 10GR ,SUNCA 40GR (2BUC)             | - SUPA CREMA DE LEGUME 350G<br>-MANCARE DE FASOLE GALBENA CUPUI<br>100G/300G, DESERT     | PASTE BOLOGNESE /350G<br>IAURT 140G<br>-CEAI 200ML                                    |
| SPECIAL(enteral-alimente<br>pasate pt sonda nasogastrica<br>si gastrostoma, sodou,<br>lichide) |                                                                                            |                                                                                          |                                                                                       |
| VEGANI, VEGETARIENI                                                                            |                                                                                            |                                                                                          |                                                                                       |
| DIFERITE ORIENTARI<br>RELIGIOASE (musulmani,<br>iudaic, cerinte specific)                      |                                                                                            |                                                                                          |                                                                                       |

BRANZA DE VACI  
BRANZA DE VACI CU SMANTANA  
OU  
UNT  
SUNCA  
CASCAVAL F SARE  
SARE

PAINE CU SARE  
PAINE FARA SARE  
LAPTE

BRANZA DE VACI  
SMANTANA  
GRATAR  
OREZ FIERT  
MORCOV FIERT

CONFORM LEGII 04/2021 VA RO  
RINOCONJUNCTIVITA ALERGICA,  
PORUMB, GLUTEN.GRAMAJELE LA  
NEOPLAZIC, HEPAT

DIABET  
NEOPLAZIC

HEPATIC

ASTM BRONIC, RINITA ALERGICA,  
ALIMENTARI PRECUM : DROJDIE, OU,TELINA,USTUROI, LACTATE,  
MICA.

DIABET VOR AVEA SEARA SI IAURT SAU FRUCT



## MENIUL ZILEI PENTRU PACIENTI-catering

DUMINICA 21.06.2026

| PATOLOGIE                                                                                      | MIC DEJUN                                                                                     | PRANZ                                                                                     | CINA                                                                                     |
|------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| HIDRIC/HLZ                                                                                     | -CEAI FRUCTE DE PADURE/MENTA                                                                  | -CEAI-INFUZIE                                                                             | -APA/CEAI                                                                                |
| HIDROLACTO                                                                                     | -LAPTE 200ML                                                                                  | -SUPA CLARA LEGUME 350ML<br>-LAPTE 200ML                                                  | -LAPTE 200ML                                                                             |
| CAUSTIC                                                                                        | -LAPTE 200ML<br>-BRANZA VACI 150 GR                                                           | -LAPTE 200 ML<br>-TAITEI CU LAPTE 300GR                                                   | -BRANZA VACI 150G<br>-LAPTE 200ML                                                        |
| COLITA                                                                                         | -BRANZA VACI 150 GR<br>-CEAI FARA ZAHAR 200ML                                                 | -PUI INABUSIT 100G<br>-OREZ FIERT 300G<br>-MORCOV FIERT 300G                              | -BRANZA VACI 150G<br>-OREZ FIERT 300G                                                    |
| DIGESTIV<br>POSTOPERATOR                                                                       | -BRANZA VACI 150GR<br>-CEAI FRUCTE PADURE/MENTA 200 ML                                        | -TAITEI CU LAPTE 300G<br>-SUPA LEGUME 350G                                                | -BRANZA FAGARAS 150G<br>-CEAI FRUCTE DE PADURE 200ML                                     |
| DIGESTIV/<br>BILIAR<br>HEPATIC CU SUPLIMENT                                                    | -CEAI FRUCTE PADURE/MENTA200 ML<br>-BRANZA FAGARAS 175G<br>-IAURT 140GR                       | -SUPA LEGUME 350G<br>-CARTOFI LA CUPTOR CU PUI INABUSIT<br>100G/300G<br>-DESERT (HEPATIC) | OREZ CU LEGUME CU PUI INABUSIT<br>100G/300G<br>IAURT 140GR (HEPATICI)<br>-CEAI 200ML     |
| DESODAT<br>CARDIAC                                                                             | -CEAI FRUCTE PADURE/MENTA200 ML<br>-UNT 10GR,GEM 20GR<br>-CASCAVAL FARA SARE 30GR(1BUC)       | -SUPA DE PUI 350G<br>-TOCANITA DE LEGUME CU PUI 300G/100G<br>-DESERT                      | - OREZ CU LEGUME CU FRIPTURA DE PUI<br>100G/300G<br>-CEAI 200ML                          |
| RENAL                                                                                          | -LAPTE 200ML<br>-GEM 20GR,UNT 10GR,<br>-FAGARAS 175G                                          | -SUPA DE PUI 350G<br>-TOCANITA DE LEGUME CU PUI 300G/100G<br>-DESERT                      | - OREZ CU LEGUME CU FRIPTURA DE PUI<br>100G/300G<br>-CEAI 200ML                          |
| RENAL DIABET                                                                                   | -LAPTE 200ML<br>-UNT 10GR<br>-FAGARAS 175G<br>-SUNCA PRESATA 40GR(2BUC)                       | -SUPA DE PUI 350G<br>-TOCANITA DE LEGUME CU PUI 300G/100G<br>-FRUCT                       | - OREZ CU LEGUME CU FRIPTURA DE PUI<br>100G/300G<br>IAURT 140GR SAU FRUCT<br>-CEAI 200ML |
| DIABET                                                                                         | -LAPTE 200ML<br>-UNT 10GR ,<br>-SUNCA PRESATA 40GR(2BUC)<br>-CASCAVAL FARA SARE 60GR(2BUC)    | -SUPA DE PUI 350G<br>-TOCANITA DE LEGUME CU PUI 300G/100G<br>-FRUCT                       | - OREZ CU LEGUME CU FRIPTURA DE PUI<br>100G/300G<br>IAURT 140GR SAU FRUCT<br>-CEAI 200ML |
| COMPLET                                                                                        | -CEAI FRUCTE PADURE/MENTA200 ML<br>-OU FIERT 50GR<br>-UNT 10GR ,<br>-SUNCA PRESATA 40GR(2BUC) | -SUPA DE PUI 350G<br>-TOCANITA DE LEGUME CU PUI 300G/100G<br>-DESERT                      | - OREZ CU LEGUME CU FRIPTURA DE PUI<br>100G/300G<br>-CEAI 200ML                          |
| NEOPLAZIC CU<br>SUPLIMENT                                                                      | -CEAI FRUCTE PADURE/MENTA200 ML<br>-OU FIERT 50GR- UNT 10GR ,<br>-SUNCA PRESATA 40GR(2BUC)    | -SUPA DE PUI 350G<br>-TOCANITA DE LEGUME CU PUI 300G/100G<br>-DESERT                      | - OREZ CU LEGUME CU FRIPTURA DE PUI<br>100G/300G<br>IAURT 140GR SAU FRUCT, -CEAI 200ML   |
| ARSI                                                                                           | -LAPTE 200ML<br>-UNT 10GR<br>-SUNCA PRESATA 40GR(2BUC)<br>-CASCAVAL FARA SARE 60GR(2BUC)      | -SUPA DE PUI 350G<br>-TOCANITA DE LEGUME CU PUI 300G/100G<br>-DESERT                      | - OREZ CU LEGUME CU FRIPTURA DE PUI<br>100G/300G<br>IAURT 140GR SAU FRUCT<br>-CEAI 200ML |
| SPECIAL(enteral-alimente<br>pasate pt sonda nasogastrica<br>si gastrostoma, sodou,<br>lichide) |                                                                                               |                                                                                           |                                                                                          |
| VEGANI, VEGETARIENI                                                                            |                                                                                               |                                                                                           |                                                                                          |
| DIFERITE ORIENTARI<br>RELIGIOASE (musulmani,<br>iudaic, cerinte specific)                      |                                                                                               |                                                                                           |                                                                                          |

BRANZA DE VACI  
BRANZA DE VACI CU SMA  
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NE CU SARE  
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LIMENT DIABET  
NEOPLAZIC  
HEPATIC

BRANZA DE VACI  
SMANTANA  
GRATAR  
OREZ FIERT  
MORCOV FIERT

CONFORM LEGII 04/2021 VA ROG SA NU DISTRIBUIE DACA SUFERITI DE ALERGII ALIMENTARE, ASTM BRONSIC, RINITA ALERGICA,  
RINOCONJUNCTIVITA ALERGICA, ANAFILAXIE : SUNT PREZENTI ALERGENI ALIMENTARI PRECUM : DROJDIE, OU, TELINA, USTUROI, LACTATE,  
PORUMB, GLUTEN. GRAMAJELE LA CARNE SUNT DUPA PROCESAREA TERMICA.  
NEOPLAZIC, HEPATIC, DIABET SI RENAL CU DIABET VOR AVEA SEARA SI IAURT SAU FRUCT